

About your benefits

24-hour care by phone and video

At CareOregon Advantage, giving you high-quality, convenient care when you need it is our number one priority. We partner with Teladoc Health to connect you to board-certified doctors 24 hours a day, seven days a week for non-emergency conditions. Whether you're at home or traveling, we're here for you.





Talk to doctors by phone or video.



Get help with non-emergency issues like prescription refills, migraines, skin rashes and more.



Skip the trip to urgent care and avoid the waiting room.



Teladoc Health visits are available any time of day and are always free.

Questions? Call Customer Service at **888-712-3258 or TTY 711**. Our hours are 8 a.m. to 8 p.m. seven days a week, October 1 to March 31, and 8 a.m. to 8 p.m. Monday through Friday, April 1 to September 30. CareOregon Advantage Plus is an HMO-POS D-SNP with a Medicare/Medicaid contract. Enrollment in CareOregon Advantage Plus depends on contract renewal. "More choice, better care" refers to our larger pharmacy and provider networks in 2024 as compared to plan year 2023.

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