

CAREOREGON ADVANTAGE PLUS (HMO-POS SNP)

(A Medicare Advantage Health Maintenance Organization with Point of Service Option (HMO-POS) offered by HEALTH PLAN OF CAREOREGON, INC. with a Medicare contract.)

SUMMARY OF BENEFITS

January 1, 2020 - December 31, 2020

This booklet gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

To join CareOregon Advantage Plus (HMO-POS SNP), you must be entitled to Medicare Part A, be enrolled in Medicare Part B and The Oregon Health Plan, and live in our service area.

Our service area includes the following counties in Oregon: Clackamas, Columbia, Jackson, Multnomah, Tillamook and Washington.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at http://www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

CareOregon Advantage Plus (HMO-POS SNP) has a network of doctors, hospitals, pharmacies, and other providers. For some services, you can use providers that are not in our network.

- You can see our plan's provider directory at our website (careoregonadvantage.org/providersearch).
- You can see our plan's pharmacy directory at our website (careoregonadvantage.org/pharmacy).
- You can see our plan's formulary (list of Part D prescription drugs) and any restrictions on our website, (careoregonadvantage.org/druglist).

Or, call us and we will send you a copy of the provider and pharmacy directories or the formulary.

This document is available in other formats such as Braille or large print. This document may be available in a non-English language.

CareOregon Advantage Plus is an HMO-POS SNP with a Medicare/Medicaid contract. Enrollment in CareOregon Advantage Plus depends on contract renewal

Out-of-network/non-contracted providers are under no obligation to treat CareOregon Advantage Plus members, except in emergency situations. Please call our Customer Service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

Discrimination is Against the Law

CareOregon Advantage complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. CareOregon Advantage does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

CareOregon Advantage:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Oualified interpreters
 - o Information written in other languages

If you need these services, contact CareOregon Advantage Customer Service.

If you believe that CareOregon Advantage has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Grievance Coordinator

315 SW Fifth Ave Portland, OR 97204

Toll-free: 888-712-3258

Fax: 503-416-1313 TTY/TDD: 711

Email: MedicareEnrollmentServices@careoregon.org

You can file a grievance in person or by mail, fax, or email.

If you need help filing a grievance, Customer Service is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 1-800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html

Premiums and Benefits	CareOregon Advantage Plus (HMO-POS SNP)
Mandhlamani	You pay \$0 or \$32.30 per month
Monthly premium	In addition, you must keep paying your Medicare Part B premium.
	You pay \$198.
Deductible	If you are eligible for Medicare cost-sharing assistance under Medicaid, you pay \$0 .
Maximum Out-of-	You pay \$3,400 per year
Pocket Responsibility (does not include prescription drugs)	You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services. You will still need to pay your monthly premiums and cost-sharing for your Part D prescription drugs.
	• \$1,408 deductible for each benefit period
	 Days 1-60: \$0 Days 61-90: \$352 copay per day
Inpatient Hospital Services	• Days 91-150: \$704 copay per lifetime reserve day
	May require prior authorization.
	May require a referral from your doctor. 0% or 20% of the cost for each:
Outpatient Hospital Services	 Medicare-covered ambulatory surgical center visit Medicare-covered outpatient hospital facility visit
	May require prior authorization.
	May require a referral from your doctor.
	Primary care physician visit: • In-network: 0% or 20% of the cost
	• Out-of-network: 20% of the cost
	Specialist visit:
	• In-network: 0% or 20% of the cost
Doctor's Office Visits	• Out-of-network: 20% of the cost
	Routine physical:
	• In-network: \$0
	• Out-of-network: 20% of the cost
	There is a limit to how much our plan will pay for out-of-network services.
	Some services may require a referral from your primary care physician.
Preventive Care	In-network: You pay nothing
Emergency Care	0% or 20% of the cost (up to \$120)
Urgently Needed Services	0% or 20% of the cost (up to \$65)

Premiums and Benefits	CareOregon Advantage Plus (HMO-POS SNP)	
Diagnostic Services, Labs and Imaging	Diagnostic radiology services (such as MRIs, CT scans): • In-network: 0% or 20% of the cost Diagnostic tests and procedures: • In-network: 0% or 20% of the cost Lab services: • In-network: 0% or 20% of the cost Outpatient X-rays: • In-network: 0% or 20% of the cost Therapeutic radiology services (such as radiation treatment for cancer): • In-network: 0% or 20% of the cost	May require prior authorization. May require a referral from your doctor.
Hearing Services	In-network: 0% or 20% of the cost If ordered by a physician as a diagnostic test, some exams are covered by our plan.	
Dental Services	In-network: 0% or 20% of the cost Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth)	
Vision Services	Standard You pay 0% or 20% of the cost for: - Medicare-covered exams to diagnose and treat diseases and conditions of the eye, including an annual glaucoma screening for people at risk. - one pair of Medicare-covered eyeglasses (lenses and frames) or contact lenses after cataract surgery. Supplemental - \$0 copay for up to 1 supplemental eye exam every year. - \$0 copay for up to 1 pair of eyeglass frames or contact lenses every year. (\$175 plan coverage limit for frames/\$100 limit for contacts) You pay nothing for: - up to 1 pair of basic eyeglass lenses per year (including standard progressive lenses)	
Mental Health Services	 Inpatient services \$1,408 deductible for each benefit period Days 1-60: \$0 Days 61-90: \$352 copay per day Days 91-150: \$704 copay per lifetime reserve day May require prior authorization. May require a referral from your doctor. 	Outpatient services Outpatient group therapy visit: • In-network: 0% or 20% of the cost Outpatient individual therapy visit: • In-network: 0% or 20% of the cost

Premiums and Benefits	CareOregon Advantage Plus (HMO-POS SNP)
Skilled Nursing Facility (SNF)	In-network: you pay \$0 or: • You pay nothing for days 1-20 • \$176 copay per day for days 21-100
	May require prior authorization. May require a referral from your doctor.
Physical Therapy	In-network, you pay 0% or 20% of the cost. May require prior authorization.
	May require a referral from your doctor.
Ambulance	In-network: 0% or 20% of the cost
Ambulatory Surgical	In-network: 0% or 20% of the cost
Center	May require prior authorization. May require a referral from your doctor.
Transportation	You are covered for 24 one-way, non-emergency trips to the gym, or pharmacy. There is a maximum allowed distance of 25 miles per trip.
Transportation	There is no cost to use this benefit. PLEASE NOTE: If you join after June 1, 2020, you are limited to 12 one-way trips.
Medicare Part B Drugs 0% or 20% of the cost for Medicare Part B chemotherapy drugs and oth B drugs.	
Foot Care (podiatry services)	You pay:
-Foot exams and	• In-network: 0% or 20% of the cost
treatment -Routine foot care	• In-network: You pay nothing for unlimited visits May require a referral from your doctor
Troutine foot care	You pay nothing for:
Diabetes Supplies and	• Diabetes self-management training You pay 0% or 20% of the cost for:
Services	• Therapeutic shoes or inserts
	Diabetes monitoring supplies May require prior authorization.
	There is no cost to use this benefit.
Meal delivery program (for post-discharge only)	After your discharge from an inpatient stay in a hospital, rehab or skilled nursing facility, you are eligible to receive up to 14-days of meals delivered to your home (maximum 28 meals, or two meals per day).
	A referral is required.

Premiums and Benefits	CareOregon Advantage Plus (HMO-POS SNP)		
Health and Wellness Education Programs	There are no costs for these services Nurse Advice Line: 866-209-0905 Available 24 hours a day, 7 days a week. Fitness Program: Includes gym membership at participating Silver&Fit locations. At-home fitness kits are offered for members who can't get to a fitness location.		
Over-the-Counter Items	There is no cost to use this benefit You get \$130 every three months (quarterly) to purchase health related overthe-counter items using a pre-loaded debit card.		
Help with Certain Chronic Conditions	For people with diabetes who take at least one of the following drugs, you are eligible for \$0 copayments when you fill a three-month supply (84-90-days). These drugs include: • Diabetes drugs, including insulin • Drugs to lower your blood pressure • Drugs to lower your cholesterol If you reside in a long-term care facility (LTC), you will have reduced cost sharing (\$0 copays) regardless of day supply filled. If you fill for less than a three-month supply, your normal cost-sharing amount will apply. Ask your prescriber to write a three-month supply of your prescription(s). If you need help converting to a three-month supply of your medication, we can help by contacting your prescriber.		
	Outpatient Prescript	ion Drugs	
Initial Coverage Stage	Depending on your income and institutional status, you pay the following: For generic drugs (including brand drugs treated as generic), either: •\$0 copay; or •\$1.30 copay; or •\$3.60 copay For all other drugs, either: •\$0 copay; or •\$3.90 copay; or •\$3.90 copay; or	You may get your drugs at network retail pharmacies and mail order pharmacies. If you reside in a long-term care facility, you pay the same as at a retail pharmacy. You may get drugs from an out-of-network pharmacy at the same cost as an in-network pharmacy.	
Catastrophic Coverage Stage	You pay nothing for all drugs, after your yearly out-of-pocket drug costs reach \$6,350		

Medicaid Covered Services

In this section, you can see a summary of the Medicaid benefits you may receive through the Oregon Health Plan. As long as you are eligible for the Oregon Health Plan and Medicare Parts A and B, the Medicaid Benefits Packages you can have through the Oregon Health Plan are the QMB + OHP Limited Drug Benefit Package, or the OHP with Limited Drug Benefit Package.

Please contact your State Medicaid case worker if you do not know which benefit package you have through the Oregon Health Plan.

This section does not list every Medicaid service covered or list every limitation or exclusion. To get a complete list of Medicaid benefits, please contact your Medicaid health plan Customer Service.

You must be eligible for the Oregon Health Plan, Medicaid in order to receive the benefits listed in this section.

Oregon Health Plan (OHP) Medicaid Benefit Packages:

QMB + OHP with Limited Drug Benefit Package

This benefit package is for people who qualify to have their Medicare Parts A and B cost sharing paid for by Medicaid. If you receive the QMB + OHP with Limited Drug Benefit Package you get the benefits listed in the chart below.

The cost sharing amounts listed in Section II for the Medicare Parts A and B covered services are paid for you by your Medicaid health plan. Your provider cannot bill you for any amounts beyond what your Medicare and Medicaid plans pay.

You will still have to pay your Medicare Part D prescription drug cost sharing.

OHP with Limited Drug Benefit Package

This benefit package is for people who only qualify to have their Medicare Parts A and B cost sharing paid for by Medicaid for services normally covered by the Oregon Health Plan. If you receive the OHP with Limited Drug Benefit Package you get the benefits listed in the chart below.

The cost sharing amounts listed in Section II for Medicare Parts A and B covered services will be covered only for services that the Oregon Health Plan would normally cover. Your provider cannot balance bill you for any amounts beyond what your Medicare and Medicaid plans pay for services normally covered by the Oregon Health Plan.

If you receive a Medicare-covered service that is not normally covered by the Oregon Health Plan you will have to pay the Medicare Parts A and B cost sharing yourself. See page 14 for more information on services not covered by the Oregon Health Plan.

You will still have to pay your Medicare Part D prescription drug cost sharing.

Below is a list of services that are covered by the Oregon Health Plan Medicaid and your Medicaid-managed care plan (does not include every service available):

Benefit Category	Oregon Health Plan Medicaid (member costs)	Your Medicaid-Managed Care Plan (member costs)
Premium and Other Important Information	This is a brief summary. Please refer to OHP member handbook for a detailed description of Medicaid benefits available to eligible Oregonians.	This is a brief summary. Please refer to your Medicaid member handbook for a detailed description of Medicaid benefits available to eligible Oregonians. All cost sharing in this summary of benefits is based on your level of Medicaid eligibility.
Doctor and Hospital Choice (For more information, see the Emergency and Urgently Needed Care sections)	Allows Fee-for-Service patients to go to any provider that accepts Medicaid.	Allows patients to go to any provider that accepts Medicaid. You must go to network doctors, specialists, and hospitals. Referral required for network hospitals and specialists (for certain benefits).

Inpatient Care

Benefit Category	Oregon Health Plan Medicaid (member costs)	Your Medicaid-Managed Care Plan (member costs)
Inpatient Hospital Care	\$0 copayment for Medicaid-covered services.	\$0 copayment for Medicaid-covered services.
Inpatient Mental Health Care	\$0 copayment for Medicaid-covered services.	\$0 copayment for Medicaid-covered services.
Skilled Nursing Facility (In a Medicare-certified skilled nursing facility)	\$0 copayment for Medicaid-covered services.	\$0 copayment for Medicaid-covered services.
Home Health Care (Includes medically necessary intermittent skilled nursing care, home health aide services, and rehabilitation services, etc.)	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.	\$0 copayment for visits to a doctor or other health care provider for Medicaid-covered outpatient services.
Hospice	\$0 copayment for Medicaid-covered services.	\$0 copayment for Medicaid-covered services.

Outpatient Care

Benefit Category	Oregon Health Plan Medicaid (member costs)	Your Medicaid-Managed Care Plan (member costs)
Doctor Office Visits	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.	\$0 copayment for visits to a doctor or other health care provider for Medicaid-covered outpatient services.
Chiropractic Services	\$0 copayment for visits to a doctor or other health care provider for Medicaid-covered outpatient services.	\$0 copayment for visits to a doctor or other health care provider for Medicaid-covered outpatient services.
Podiatry Services	\$0 copayment for visits to a doctor or other health care provider for Medicaid-covered outpatient services.	\$0 copayment for visits to a doctor or other health care provider for Medicaid-covered outpatient services.
Outpatient Mental Health Care	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.	\$0 copayment for visits to a doctor or other health care provider for Medicaid-covered outpatient services.
Outpatient Substance Abuse Care	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.	\$0 copayment for visits to a doctor or other health care provider for Medicaid-covered outpatient services.
Outpatient Services/Surgery	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.	\$0 copayment for visits to a doctor or other health care provider for Medicaid-covered outpatient services.
Ambulance Services (Medically necessary ambulance services)	\$0 copayment for Medicaid-covered services.	\$0 copayment for Medicaid-covered services.
Emergency Care (You may go to any emergency room if you reasonably believe you need emergency care.)	\$0 copayment for Medicaid-covered services.	\$0 copayment for Medicaid-covered services.
Urgently Needed Care (This is NOT emergency care, and in most cases, is out of the service area.)	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.	\$0 copayment for visits to a doctor or other health care provider for Medicaid-covered outpatient services.
Outpatient Rehabilitation Services (Occupational Therapy, Physical Therapy, Speech and Language Therapy)	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.	\$0 copayment for visits to a doctor or other health care provider for Medicaid-covered outpatient services.

Outpatient Medical Services and Supplies

Benefit Category	Oregon Health Plan	Your Medicaid-Managed
	Medicaid (member costs)	Care Plan (member costs)
Durable Medical Equipment	\$0 copayment for Medicaid-	\$0 copayment for Medicaid-
Durable Medical Equipment	covered services.	covered services.
Prosthetic Devices	\$0 copayment for Medicaid-	\$0 copayment for Medicaid-
1 Tostiletic Devices	covered services.	covered services.
Diabetes Self-Monitoring	\$0 copayment for Medicaid-	\$0 copayment for Medicaid-
Training, Nutrition Therapy,	covered services.	covered services.
and Supplies		
Diagnostic Tests, X-Rays, and	\$0 copayment for Medicaid-	\$0 copayment for Medicaid-
Lab Services	covered services.	covered services.

Preventive Services

Bone Mass Measurement Colorectal Screening Exams	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.* \$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services. \$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered
Routine Immunizations Mammograms (Annual	outpatient services.* \$0 copayment for Medicaid- covered services, except immunizations given for travel and other reasons. \$0 copayment for Medicaid-	soutpatient services. \$0 copayment for Medicaid- covered services. \$0 copayment for Medicaid-
Screening) Covered annually under Medicaid	covered services.	covered services.
Pap Smears and Pelvic Exams Covered annually under Medicaid	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.	\$0 copayment for Medicaid-covered pap smears services.
Prostate Cancer Screening Exams	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.
End-Stage Renal Disease	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.

^{*}Some services may not include a copayment if accessed in settings such as outpatient diagnostic settings at a hospital.

Benefit Category	Oregon Health Plan Medicaid (member costs)	Your Medicaid-Managed Care Plan (member costs)
Prescription Drugs	_	_
		prescription Mental Health Drugs are not covered by your Medicaid Managed Care Plan. Your Medicaid Managed Care Plan uses a drug list (formulary). You can see the formulary on the web site of your Managed Care Plan.
Dental Services	\$0 copayment for restorative treatment. \$0 copayment for Medicaid covered Dental diagnostic and	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.

	T	T
	preventative routine checkup services	
Hearing Services	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.
Vision Services	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.
Physical Exams	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.
Health/Wellness Education	Not covered	Not covered
Other Non-Covered Medicare services that will be covered by the Oregon Health Plan:	\$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.	In-Network \$0 copayment for visits to a doctor or other healthcare provider for Medicaid-covered outpatient services.
 Preventative Services Maternity Case Management, including nutritional counseling. Maternity and newborn care 	\$0 copayment for Medicaid- covered X-ray, lab, routine immunization and family planning services	\$0 copayment for Medicaid-covered X-ray, lab, routine immunization and family planning services.
 Well-child exams and immunizations Family Planning Services: Including birth control pills, 		In-Network \$0 copayment for Medicaid- covered Preventative and Family Planning services.
condoms, contraceptive implants, and Depo-ProveraSterilizations		Prior Authorization rules may apply
Other Oregon Health Plan Services: Death with dignity services* Abortions*		Services not covered by your Medicaid Managed Care Plan: • Death with dignity services* • Abortions*
*Please Note: these services are covered by the state and not by your Medicaid Managed Care health plan.		

Services That Are Not Covered by the Oregon Health Plan Medicaid (Exclusions):

Not all medical treatments are covered. When you need medical treatment, contact your Primary Care Provider. These are some of the exclusions (does not include every exclusion):

- Medicare Part D covered prescription drugs
- Conditions where a "home" treatment is effective, such as applying an ointment, resting a painful joint, drinking plenty of fluids, or a soft diet. Such conditions include:
 - o Canker sores
 - o Diaper rash
 - o Corns/calluses
 - o Sunburn
 - Food poisoning
 - o Sprains
- Personal comfort or convenience items (radios, telephones, hot tubs, treadmills, etc.)
- Services that are primarily cosmetic, such as:
 - o Benign skin tumors
 - Cosmetic surgery
 - o Removal of scars
- Conditions where treatment is not normally effective, such as:
 - Some back surgery
 - o TMJ surgery
 - Some transplants
- Services performed by an immediate relative or member of your household
- Any services received outside the United States
- Non-emergency care if you go to a provider who is not a network provider
- Other non-covered services include, but are not limited to, the following:
 - o Circumcision (routine)
 - Weight loss program
 - o Infertility services

If you have questions about covered or non-covered services, contact your Medicaid Managed Health plan Customer Service.

Hours of Operation:

- From October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m., Pacific time.
- From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m., Pacific time.

CareOregon Advantage Plus (HMO-POS SNP) Phone Numbers and Website:

- If you are a member of this plan, call 503-416-4279 or toll-free at 888-712-3258. TTY/TDD users can call 711.
- If you are **not** a member of this plan, call 503-416-4279 or toll free at 888-712-3258. TTY/TDD users can call 711.
- Our website: <u>careoregonadvantage.org</u>

We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider.

• You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website, <u>careoregonadvantage.org/druglist</u>.

Or, call us and we will send you a copy of the formulary.